

# Bed Size Chart

## Quick Reference & Room Measuring Worksheet

### Quick Reference Chart

| Size            | Inches  | Centimeters | Best For                                    |
|-----------------|---------|-------------|---------------------------------------------|
| Crib            | 27 x 52 | 69 x 132    | Infants and toddlers                        |
| Twin            | 38 x 75 | 96 x 191    | Kids, single sleepers, small bedrooms       |
| Twin XL         | 38 x 80 | 96 x 203    | Teens, adults, college dorms                |
| Full (Double)   | 54 x 75 | 137 x 191   | Solo adults wanting extra room, guest rooms |
| Queen           | 60 x 80 | 152 x 203   | Couples, primary bedrooms, most common size |
| King            | 76 x 80 | 193 x 203   | Couples wanting more shoulder room          |
| California King | 72 x 84 | 183 x 213   | Taller sleepers needing extra legroom       |
| Split King      | 76 x 80 | 193 x 203   | Couples with different mattress/base needs  |

### Your Room Worksheet

ROOM NAME

CHOSEN BED SIZE

HEADBOARD WALL LENGTH

MATTRESS WIDTH

PERPENDICULAR WALL LENGTH

MATTRESS LENGTH

DOOR / CLOSET SWING SPACE

CLEARANCE NEEDED (EACH SIDE)

**Designer tip:** Leave at least 24 to 30 inches of clearance on each side of the bed for comfortable walking room, even if it means choosing a size smaller than your room could technically fit.